

Heri kuzuia kuliko kuuguza. Prevention is better than cure.

-Swahili Proverb

Historical Context

Since the first case of acquired immunodeficiency syndrome (AIDS) in 1981, over 20 million people around the world have died of AIDS.¹ Sub-Saharan Africa, according to a study conducted in 2004, was the hardest hit region. Our project concerns Kenya. The Kenyan HIV/AIDS epidemic has significantly impacted the nation's demographic and socio-economic development.² Kenyan women are particularly susceptible to the disease, due to a combination of biological and social factors. In 2006, 57% of HIV patients in Sub-Saharan Africa were women. Seventy five percent of afflicted young people were girls.³

The Luo women of Ugenya, located in southwestern Kenya, are particularly concerned about their susceptibility to the disease. Ugenya is a region of impoverished subsistence-farmers and sparsely distributed, ill-equipped medical facilities. Ugenyan people s

Preliminary Work The project duration will be 3 months long. The team will arrive two weeks in advance to design the “Youth Friendly Center.” With aid from Matibabu Foundation Clinic (MFC) co-founder and current country director Daniel Ogola, we will purchase 10 regular tailoring machines and 1 ‘jersey’ tailoring machine. We will select the premises, pay the rent, and hire a tailoring instructor with the help of Dan Ogola. We will sit down with an educator provided by MFC to go over the final stages of the ‘sex-education’ component, which we have designed. MFC will provide us with a pool table, movies, and a television, which we may use for the duration of the summer.

Reproductive Education In conjunction with local health experts and American doctors we have designed our own reproductive and sex education curriculum. Boys and girls (ages 13-16) will attend class at different times so that their specific needs are met. The curriculum addresses issues and concepts including contraceptives, disease types and transmission, and tribal customs that exacerbate disease. While we will teach the classes, MFC will provide us with translators if they are necessary (many students speak English). The classes will be interactive, involving both films and group discussions. While classes are not in session, students may use the facility to learn and interact with each other in a safe environment; they may play pool, watch movies, or just sit down and talk. We hope to hold hour-long classes roughly four times a week for both the boys and girls. The schedule will be determined upon our arrival to meet the needs of students who may need to help with farming during the daytime.

Vocational Training Fifty, disenfranchised women will be selected for the vocational training program, on the ground

At time of proposal submission, currency exchange from USD to KES is 1:80.62.

| <u>Item</u> | <u>Cost</u> |
|---|-------------|
| Vocational training* | |
| 12 regular sewing machines | \$4800 |
| 1 jersey sewing machine | \$1200 |
| Fabric, thread, miscellaneous materials | \$1700 |
| | |
| Administrative costs | |
| Tailoring instructor wage | \$1000 |
| Premises and rent for three months | \$800 |
| | |
| Youth friendly center | |
| School supplies (paper, pens, chalkboard, etc.) | |
| Drinks, snacks | |
| Recreational items (soccer balls, movies, etc.) | |
| | |
| Food** | |
| \$14 per day per person for NUMBER OF DAYS (for four team members) | |
| | |
| Lodging** | |
| Team member home stays (\$12.40 per person per day) | |